

Sexual Violence Myths

Myth: The best way to protect yourself from sexual assault is to avoid being alone at night in dark, deserted places.

Fact: Most sexual assaults occur in a private home and the largest percentage of those occur in the victim's home.

Myth: People who are sexually assaulted "ask for it" by the way they dress or act.

Fact: The idea that people "ask for it" is often used by offenders to rationalize their behavior. Any person of any age and physical type, in almost any situation, regardless of age, gender, or perceived physical attractiveness can be sexually assaulted.

Myth: It's only sexual assault if physical violence or weapons are used.

Fact: Most sexual assaults are committed by someone who knows the victim. The attacker is likely to use verbal pressure, tricks and/or threats during an assault.

For more information on sexual violence or to receive services please contact:

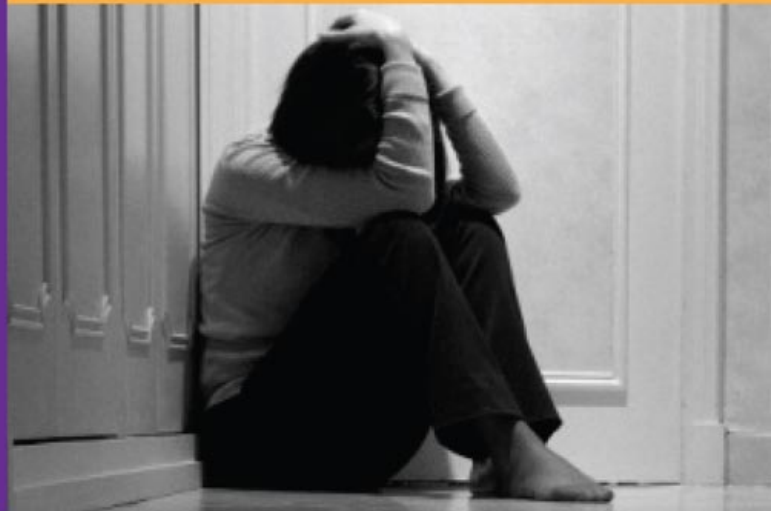
A.S.H.E. Program Director or
Sexual Assault Case Manager 336-982-8851

SEXUAL

ASSAULT

the facts.

IT'S REAL. AND IT'S HAPPENING
IN OUR COMMUNITY.



A.S.H.E. is a part of the family of services provided by:



24-Hour Crisis Line: 336-246-5430 / Service Line: 336-982-8851

WHAT IS SEXUAL ASSAULT?

Rape is the unlawful act of sexual intercourse by force, fear or trick. Date or acquaintance rape is the most common form and occurs when an individual is raped by someone she or he knows or has known previously. Stranger rape is when an individual is sexually assaulted by someone she or he does not know.

The Facts:

- Rape is not rare. One in three females and one in thirty-three males will be sexually assaulted.
- Over 60% of attackers know their victim.
- Sexual assault occurs every two minutes in the United States.

If someone you know has been sexually assaulted:

- Remain calm in order to assist her or him.
- Support her or his decisions, even if you don't agree.
- Urge her or him to get medical help.

If you have been sexually assaulted:

- DO NOT bathe, shower, or change your clothes.
- Call the 24-hour crisis line or have the hospital page A.S.H.E. staff.
- Remember, you did not deserve to be raped. This is not your fault.

HOW CAN A.S.H.E. HELP ME?

A Safe Home for Everyone (A.S.H.E.) has a comprehensive support system that can assist in your recovery from sexual assault.

SERVICES INCLUDE:

- 24-hour crisis assistance
- Medical advocacy
- Legal advocacy and court accompaniment
- Case management
- Confidential shelter
- Counseling referrals
- Assistance filing compensation claims

WE'RE HERE TO HELP

A.S.H.E. Office.....	982-8851
A.S.H.E. 24-hr crisis line.....	246-5430
Page A.S.H.E. through the Sheriff's Department.....	846-5600
Emergency.....	911

All numbers are area code 336.